

THE HALF HOUR SCHEDULE.

At the center of a Working Circle is the two paged BLUE CARD of the 3 step process for the Development of an ABT. It will be given to you in the course.

1 WARM UP - go around the group, everyone introduces themselves saying only their name and program. The host reads their ABT then offers up a little bit of background on the narrative. This should last no longer than 5 MINUTES.

2 THE PROBLEM - the host moderates, calling on each person. See if you can state “The problem is ...” in 5 or less words (not counting those first 3). Ideally each person has this ready before the session, but if not, you can make it up on the spot. Use the BLUE CARD to guide you. If you get a consensus on the problem, then move on. If not, don’t move on — maybe the entire half hour ends up being only about the problem. If so, that’s how it goes. There’s no point moving on if you’re not clear on what the problem is.

3 THE SET UP - there’s two main parts to the Set Up (ordinary world, what’s at stake). The ordinary world is pretty obvious (the basic topic) so plan to spend most of this segment discussing “What’s at stake/Why should we care about this?”

4 THE TWO MOMENTS - the BUT moment is potentially more powerful and important so you probably want to spend more time on it than the THEREFORE, but try to address both.

5 END DISCUSSION - try to save the final 5 minutes to put everything together, revisiting any parts you didn’t finish, or talking about whatever you want — no big deal. Again, the goal of the half hour is not to have a perfect finished product, it’s only to explore the elements in the effort to strengthen the narrative.